

Community Champions

Weekly Briefing 14/12/2020

1. Borough specific updates

- Reigate & Banstead is in **Tier 3 (Very High Alert)** as of 00:01 on **Sat 19 Dec**
- The rest of Surrey is also moving to Tier 3 at 00:01 on Sat 19 Dec, except for Waverley, which remains in Tier 2.
- London is already in **Tier 3** which began on **Wed 16 Dec**
- **Avoid travel from Tier 3 to Tier 2 unless essential** for work, education, caring, or your nearest food shopping
- If you must travel into Tier 2, follow Tier 3 rules - do not visit the home of anyone not in your support bubble
- [Surrey's data dashboard](#) shows which areas have highest rates across Surrey and compares to England
- Rate per 100,000 population (Last 7 days, up to 10/12/2020). **Borough = 129.7 (England = 184)**
- Reigate & Banstead Borough Council: [Coronavirus update page for Reigate & Banstead](#) – **share the link**
- [Click here for information on Coronavirus testing and Surrey's local outbreak plan](#)

2. Latest national updates on guidance

- As of Wed 9 Dec 2020, 1,766,819 people have tested positive in the UK with 62,566 deaths. Full data [here](#)
- [Local restriction tiers: what you need to know](#) Updated: 30 Nov 2020 – **due for update with new tier areas**
- The [self-isolation period has been reduced](#) from 14 to 10 days. Announced 11 Dec
- [Click here](#) for data on hospital admissions
- [Making a Christmas bubble with friends and family](#) Updated: 16 Dec 2020. It is safest not to, but you can form a Christmas bubble from 23-27 Dec with up to 3 households. Information in different languages [here](#)

3. The Vaccine **Please share the facts about the safety, efficacy and rollout of the vaccination (share [link](#))**

- The NHS will let you know when it's your turn – please do **not** contact them to ask!
- It is being offered to people most at risk:
 - Some people aged 80+ who already have a hospital appointment in the next few weeks
 - People who live or work in care homes
 - Health care workers at high risk

- Vaccination is done at some hospitals and GPs - Surrey Heartlands CCG needs [volunteers](#) to help roll it out
- Most side effects are mild and last less than a week, such as tiredness, headache or a sore arm where the needle went in - if symptoms get worse, call 111. See [answers to frequently asked questions](#)
- It is not yet approved for use in [pregnancy](#) or breastfeeding. People with severe allergies to medicines, vaccines or food (anaphylaxis) must inform medical staff first if offered the vaccine
- The current vaccine is the [MHRA-approved](#) Pfizer/BioNTech injection – 2 doses, 21 days apart in the upper arm - it takes a few weeks to work so people must keep Hands, Face, Space
- Priority for getting the vaccine is advised by the [Joint Committee on Vaccination and Immunisation](#) (JCVI)

4. **Working safely during COVID**

- [Secondary schools and colleges to get weekly COVID-19 testing from Jan 2021](#). Announced 15 Dec 2020
- [NHS Test and Trace at work](#) If you or employees are contacted, incl. financial support. Updated: 15 Dec 2020
- Make your workplace COVID-secure - 14 [guides](#) for different types of work - [share in forums and newsletters](#)
- [Find out if your business is eligible for the Coronavirus Job Retention Scheme](#) and how much you can claim to cover wages for employees on temporary leave (furlough) due to COVID-19. Updated 10 Dec 2020

[Tier posters](#) Information about restrictions in England. Updated: 15 Dec 2020 – [print and display](#)

Keep up to date with all council news

As well as our regular email updates to you as a Community Champion – if you use social media - you can also keep up to date with the latest council news and share it by following us on:

- Facebook [Love Reigate and Banstead](#)
- Twitter [@reigatebanstead](#)
- Instagram [@reigatebanstead](#)
- LinkedIn [Reigate & Banstead Borough Council](#)

You can also check out the special section on our website

www.reigate-banstead.gov.uk/coronavirus

















Thank you for becoming a Reigate & Banstead Community Champion - and helping to keep our communities safe.

CORONAVIRUS TIER 3

VERY HIGH ALERT

gov.uk/coronavirus

Around 1 in 3 people with Covid-19 have no symptoms so will be spreading the virus without realising. We must all take action to protect each other and our hospital capacity.

<p>MEETING FRIENDS AND FAMILY </p> <p>No mixing of households indoors, or most outdoor places, apart from support bubbles. Maximum of six in some outdoor public spaces (e.g. parks, public gardens).</p>	<p>BARs, PUBS AND RESTAURANTS </p> <p>Hospitality is closed, with the exception of sales by takeaway, drive-through or delivery.</p>	<p>RETAIL </p> <p>Open.</p>	<p>WORK AND BUSINESS </p> <p>Everyone who can work from home should do so.</p>
<p>EDUCATION </p> <p>Early years settings, schools, colleges and universities open. Childcare, other supervised activities for children, and childcare bubbles permitted.</p>	<p>INDOOR LEISURE </p> <p>Open. Group activities and classes should not take place.</p>	<p>ACCOMMODATION </p> <p>Closed (with limited exceptions)</p>	<p>PERSONAL CARE </p> <p>Open.</p>
<p>OVERNIGHT STAYS </p> <p>We advise against overnight stays other than with household or support bubble.</p>	<p>WEDDINGS AND FUNERALS </p> <p>15 guests for weddings, civil partnerships and wakes; 30 for funerals. Wedding receptions not permitted.</p>	<p>ENTERTAINMENT </p> <p>Indoor venues closed.</p>	<p>PLACES OF WORSHIP </p> <p>Open, but cannot interact with anyone outside household or support bubble.</p>
<p>TRAVELLING </p> <p>Avoid travelling outside your area, other than where necessary such as for work or education. Further exemptions apply. Reduce the number of journeys where possible. Plan ahead and avoid busy times and routes on public transport. Avoid car sharing with those outside of your household or support bubble.</p>	<p>EXERCISE </p> <p>Classes and organised adult sport can take place outdoors, but people should avoid higher-risk contact activity. Group exercise activities and sports indoors should not take place, unless with your household or bubble. Organised activities for elite athletes, under-18s and disabled people can continue.</p>	<p>RESIDENTIAL CARE </p> <p>COVID-secure arrangements such as substantial screens, visiting pods, and window visits. Outdoor/airtight visits only (rollout of rapid testing will enable indoor visits including contact).</p>	<p>LARGE EVENTS </p> <p>Events should not take place. Drive-in events permitted.</p>

For support and more information visit:
gov.uk/coronavirus

